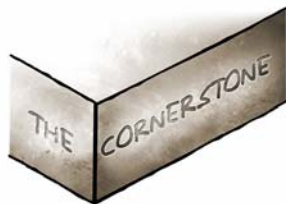


Now Available in
Tolland County &
Adjacent Towns!



angelfood
MINISTRIES

Effective immediately, The Cornerstone Foundation in Rockville and Angel Food Ministries, a nationwide non-profit, non-denominational organization, are partnering to bring economical, nutritious food to local families and seniors.
Sign up and participate today! Please see back for details.



Join the growing number of area residents who are saying **“YES!”** to Angel Food!

The Cornerstone Foundation and Angel Food Ministries are bringing economical, nutritious food to local families and seniors. You're invited to join us!

Angel Food Ministries was founded in 1994 to provide food relief and benevolent outreaches across the USA. Altogether, Angel Food Ministries feeds over 500,000 families each month.

Food is available in a quantity that can fit into a medium-sized box at \$30 per unit.

We offer a variety of menu packages, including Standard, Allergin and Senior. Each month's menus are different than the previous month. Menus consist of fresh and frozen items. Based on nationwide Angel Food research, the average retail value of the food is about \$60, and can range from about \$42 to \$78.

Generally, each \$30 unit can assist in feeding a family of four for about one week, or a single senior citizen for about one month.

The food is the same high quality that someone would purchase at a local grocery store. No second-hand items, no damaged or outdated goods, no dented cans without labels, no day-old breads and no produce that is almost too ripe.

No limit on the number of units purchased. No income limits. Food stamps accepted.

HERE'S HOW THE MONTHLY PROCESS WORKS:

1. Angel Food Ministries publishes a monthly menu (in hard copy & online).
2. By the monthly deadline given, you may place and pay for your order three ways:
 - (a) online at www.AngelFoodMinistries.com
 - (b) at The Cornerstone Foundation
 - (c) at your local order-taking site.
3. Approximately two weeks later, on a Saturday near the end of each month, you must pick up your food at the Cornerstone/ Angel Food Ministries distribution center at St. John's Episcopal Church on Route 30 in Vernon. *You are then welcome to place orders for the following month, based on the new monthly menu provided.*

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MINISTRIES

To sign up, or ask questions, contact:



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